

Walk for Water 2010 – Walkers Instructions

Registration:

In The Daten between 10am and 10:40am.

Get your number & a starting group

Let us know how much sponsorship you expect to raise so we can announce a provisional total – we can accept donations.

Remember:

£15 is enough for WaterAid to give one person a lasting supply of safe water, sanitation and hygiene education.

Online donations can be made at

www.justgiving.co.uk/culchethwalkforwater,

Or create your own justgiving page, click "get a page like this".

The Event:

Please assemble in the car park at 10:50am. There will be a short briefing, and groups will start off at small intervals from 11am

The Route:

As shown overleaf – it will be marked with mile markers and arrows tied to lampposts and WaterAid balloons.

Marshals will be stationed at critical points – please follow their instructions. Please take care on the route. There are several road crossings and the walk is along main roads. Keep on the pavements at all times. Leave any litter with the marshals.

If you have a problem at any time, speak to a marshal, or ring **07899 652643**. We have First Aid cover that can come out to you, and/or you can be collected and returned to the start if it all becomes too much.

Contact us on 01925 766550 or

walkforwater@f2s.com

Parking:

In The Daten Car Park.

Clamping is in operation in some parts of Culcheth centre – beware!

Facilities:

Toilets & changing facilities are available – arrive in plenty of time as there may be queues!

Toilets are also available at Bents (2.5 miles) and St Catherines Church (6 miles), as well as at The Daten (0 and 8.5 miles)

Refreshments:

Water will be available at 6 miles (St Catherines Church) and 8.5 miles (near the Library).

Please bring your own drinks to start off with.

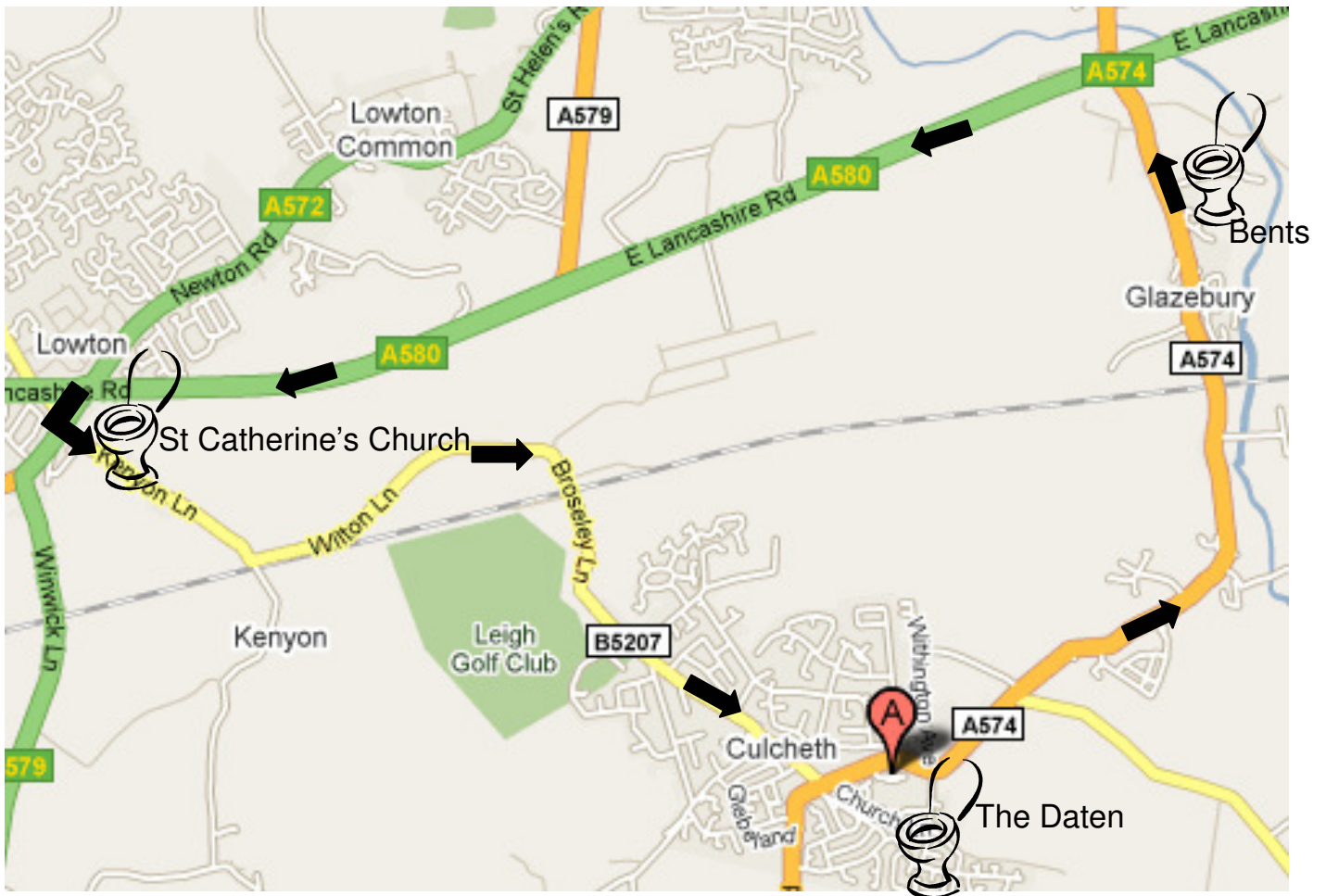
At the finish you will be presented with a certificate and a snack. The Daten will provide a hot soup to warm you up!

**THERE WILL BE A CHILDRENS EVENT AT THE DATEN AT 10:30 AM
– LET US KNOW IF YOU WANT TO JOIN IN WITH YOUR CHILD**

Please dress appropriately for the weather, and carry a mobile phone if possible. Please feel free to come dressed in water-related fancy dress or to decorate your walking clothes

- the brighter the better.





8.5 mile route is one lap. 13.1 miles is one lap and then out to Glazebury and back

